

# what's up walk-in® Clinic

**Mental health counselling for children, youth, young adults and their families, and families with infants**

**Immediate mental health counselling** is available at the **what's up walk-in® Clinic**.

No fee. No appointment. No Health Card.

## **Six locations across Toronto:**

### **Skylark**

**65 Wellesley Street East Suite 500, Toronto, M4Y 1G7, 416-395-0660**

**Website:** <https://www.skylarkyouth.org/>

Serving up to **age 26 and under**. Offers immediate telephone interpretation if you require a specific language. Please call to find out which days your preferred language is offered on each site.

Monday: 2 – 6 pm (last session 5 pm)  
Tuesday: 10 am – 2 pm (last session 1 pm)  
Wednesday: noon – 8 pm (last session 7 pm)  
Thursday: 2 – 6 pm (last session 5 pm)  
Friday: 9 am – 2 pm (last session 1 pm)

### **Yorktown Family Services**

**2010 Eglinton Ave. West, Suite 300, Toronto, M6E 2K3, 416-394-2424**

**Website:** <https://www.yorktownfamilyservices.com/>

Serving up to **age 24 and under**. Offers immediate telephone interpretation if you require a specific language. Please call to find out which days your preferred language is offered on each site.

Monday: 1:30 pm – 6 pm (last session 4:30 pm)  
Tuesday: 10 am-3 pm (last session at 1:30 pm)  
Wednesday: 2 pm – 8 pm (last session 6:30 pm)  
Thursday: 1:30 pm – 6 pm (last session 4:30 pm)  
Friday: 10am-3 pm (last session at 1:30 pm)

### **YouthLink**

**636 Kennedy Rd, Scarborough, M1K 2B3, 416-967-1773**

**Website:** <https://youthlink.ca/>

Serving up to **age 24 and under**. Languages offered include: Cantonese, Mandarin, Armenian, Urdu. Please call to find out which days your preferred language is offered on each site.

Monday: 10 am – 6 pm (last session at 5 pm)  
Tuesday: 10 am – 2 pm (last session at 1 pm)  
Wednesday: 2 pm – 8 pm (last session at 7 pm)  
Thursday: 2 pm – 6 pm (last session at 5 pm)  
Friday: 10 am – 2 pm (last session at 1 pm)

<b>Griffin Centre Mental Health Services</b>	
<b>1126 Finch Ave West, Unit 16, Toronto, M3J 3J6, 416-222-4380</b>	
<b>Website:</b>	<a href="http://www.griffincentre.org/">http://www.griffincentre.org/</a>
Serving up to <b>age 29 and under</b> . Languages offered include: English, Mandarin, Farsi, Hindi, Urdu, Korean, Punjabi. Please call to find out which days your preferred language is offered on each site.	
Monday:	1:30 – 7 pm (last appointment at 6 pm)
Tuesday:	9:30 am – 2 pm (last appointment at 1 pm)
Wednesday:	1:30 – 7 pm (last appointment at 6 pm)
Thursday:	2 – 7 pm (last appointment at 6 pm)
Also on Thurs	2 – 5 pm *Adventure Place is available for ages 0-12 & families*
Friday:	9:30 am – 2 pm (last appointment at 1 pm)
<b>The Etobicoke Children's Centre</b>	
<b>200 Ronson Drive, 4th Floor, Etobicoke, M9W 5Z9, 416-240-1111</b>	
<b>Website:</b>	<a href="http://www.etobicokechildren.com/">http://www.etobicokechildren.com/</a>
Serving up to <b>age 24 and under</b> . Languages offered include: Hindi, Punjabi, Urdu, Gujarati, Marathi, Indian Bengali. Please call to find out which days your preferred language is offered on each site.	
Monday:	2 – 6 pm (last appointment at 4:30 pm)
Tuesdays:	11 am – 4 pm (last appointment at 2:30 pm)
Wednesdays:	12 – 8 pm (last appointment at 6:30 pm)
Thursdays:	2 – 6 pm (last appointment at 4:30 pm)
Fridays:	10 am – 2 pm (last appointment at 12:30 pm)
<b>East Metro Youth Services</b>	
<b>1200 Markham Road, Suite 200, Scarborough, M1H 3C3, 416-438-3697</b>	
<b>Website:</b>	<a href="http://emys.on.ca/">http://emys.on.ca/</a>
Serving up to <b>age 29 and under</b> . Languages offered include: Arabic, Cantonese, Mandarin, Dari, Farsi, Hindi, Urdu, Tagalog, Tamil, Spanish, French. Please call to find out which days your preferred language is offered on each site.	
Monday:	2 – 8 pm (last session 6:30 pm)
Tuesday:	2 – 8 pm (last session 6:30 pm)
Wednesday:	2 – 8 pm (last session 6:30 pm)
Thursday:	2 – 8 pm (last session 6:30 pm)
Friday:	10 am – 5 pm (last session 3:30 pm)
Saturday:	10 am – 2 pm (last session 12:30 pm)